

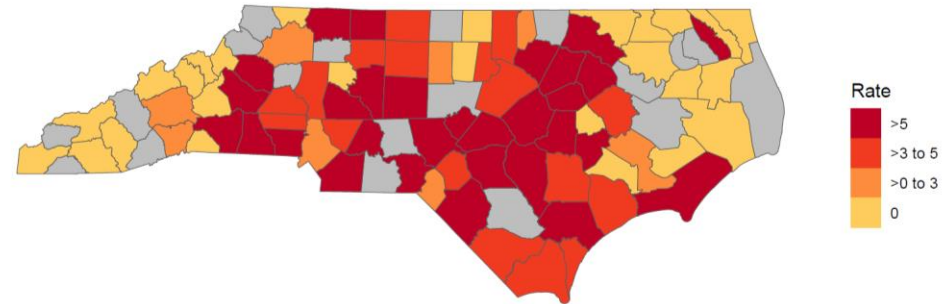
Statewide Key Messages

The average weekly rate of heat-related illness (HRI) emergency department (ED) visits **this season to date is 2.1 per 100,000 population.**

This week (July 7-13, 2024):

- There were **506* HRI ED visits** (0.5% of total ED visits), with a **rate of 4.5 per 100,000 population.**
- The rate was highest among **males aged 25-44 years (10.3 per 100,000 population).** (Figure 1)
- The rate of HRI ED visits was highest in the **Fayetteville Area (7.7 per 100,000 population).** (Figure 2; NC DETECT Region 3)
- The most frequent heat related diagnosis code was **heat exhaustion (n =178).** (Table 1)
The maximum heat index ranged from **85.1 to 105.4°F** at Raleigh-Durham International Airport. (Figure 3)
- There were **7 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population



Rates based on counts between 1-4 are suppressed for counties with less than 500 total ED visits, as shown in gray.

Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age

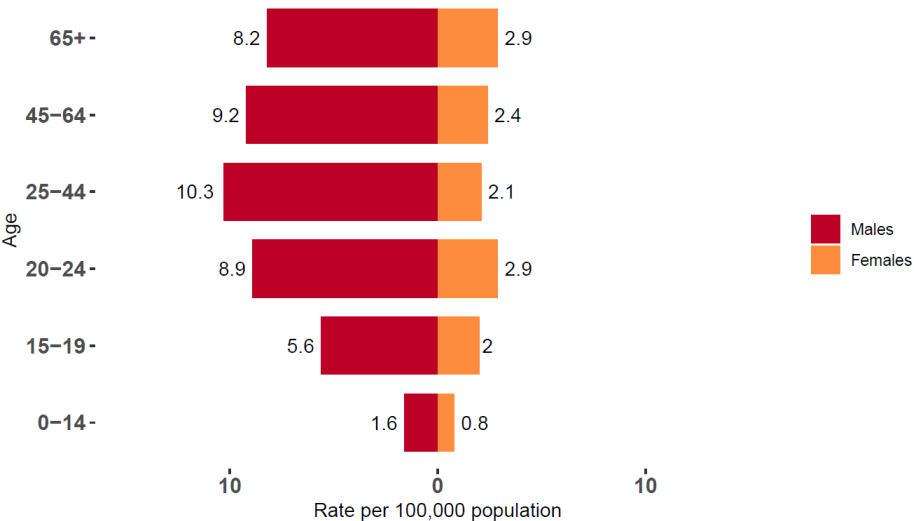


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N =311 [‡])	Percent [†]
Heat Cramps	20	6.4
Heat Exhaustion	178	57.2
Heat Stroke	6	1.9
Heat Syncope	28	9
Other Effects	79	25.4

§ Definitions of heat-related illness severity categories:

<https://www.cdc.gov/niosh/topics/heatstress/heatreillness.html>

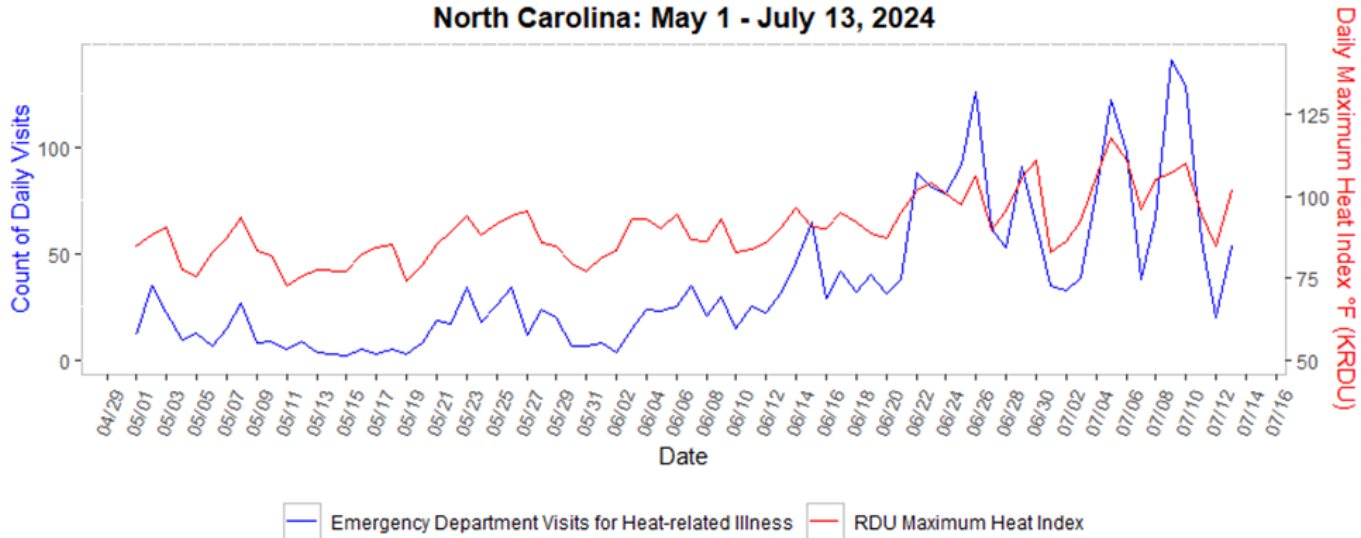
‡ Missing severity data = 195

† May not total 100 due to rounding

|| other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

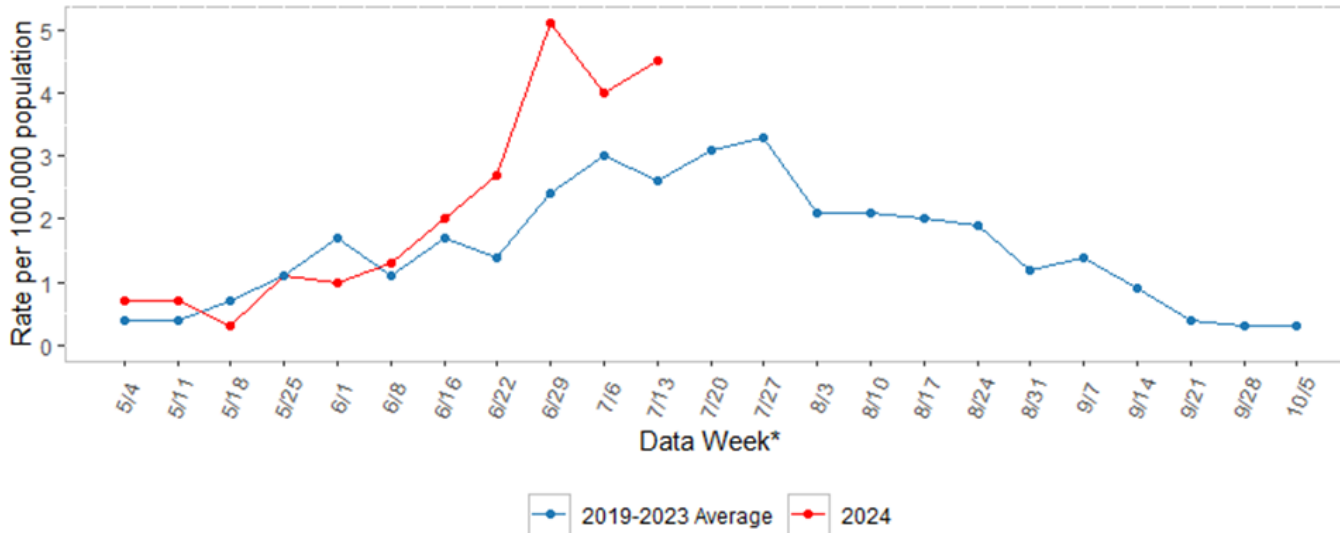
*The 506 total HRI ED visits includes 31 visits that were missing county of residence and are excluded from the regional reports.

Figure 3. Count of Emergency Department Visits for Heat-related Illness and Max Heat Index
North Carolina: May 1 - July 13, 2024



Source: NC DETECT Data and State Climate Office at NC State University

Figure 4. Rate of Emergency Department Visits for Heat Related Illness
North Carolina: 2024 Compared to Historical Average



Week ending dates may vary by a few days for earlier years. For data week definitions see <https://ndc.services.cdc.gov/wp-content/uploads/MMWR-Week-Log-2022-2023.pdf>.

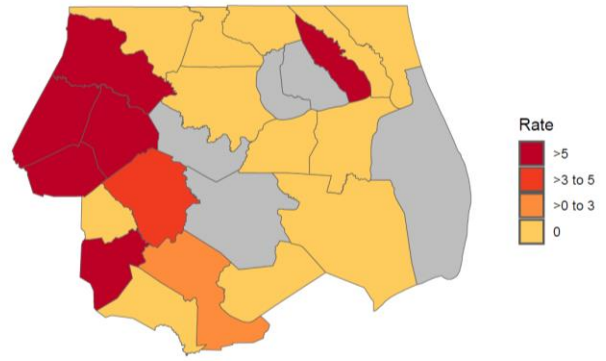
Northeastern NC (NC DETECT Region 1) Key Messages

The average weekly rate of heat-related illness emergency department visits this season to date is **2.8 per 100,000 population**.

This week (July 7-13, 2024):

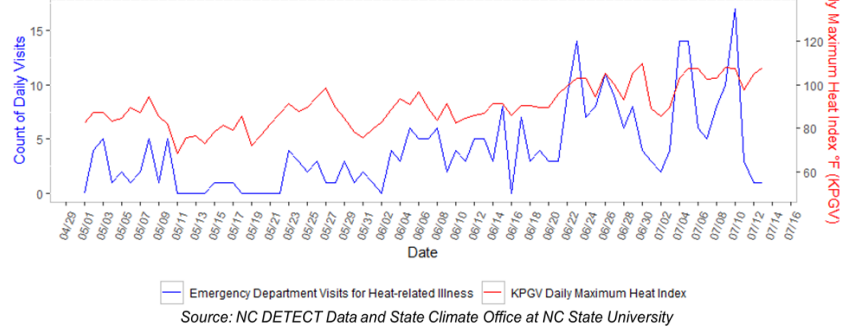
- There were **45 HRI ED visits** (0.4% of total ED visits), with a rate of **4.8 per 100,000 population**.
- The rate was highest among **males aged 65+ years (13.6 HRI ED visits per 100,000 population)**. (Figure 1)
- The rate of HRI ED visits was highest in **Edgecombe County (14.3 per 100,000 population)**. (Figure 2)
- The most frequent heat related diagnosis code was **heat exhaustion (n =16)**. (Table 1)
The maximum heat index ranged from **97.5 to 108.2°F** at Pitt-Greenville Airport. (Figure 3)
- There were **7 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population Northeastern NC (NC DETECT Region 1)



Rates based on counts between 1-4 are suppressed for counties with less than 500 total ED visits, as shown in gray.

Figure 3. Count of Emergency Department Visits for Heat-related Illness and Maximum Heat Index Northeastern NC (NC DETECT Region 1): May 1 - July 13, 2024



Legend: Emergency Department Visits for Heat-related Illness, KPGV Daily Maximum Heat Index
Source: NC DETECT Data and State Climate Office at NC State University

Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age Northeastern NC (NC DETECT Region 1)

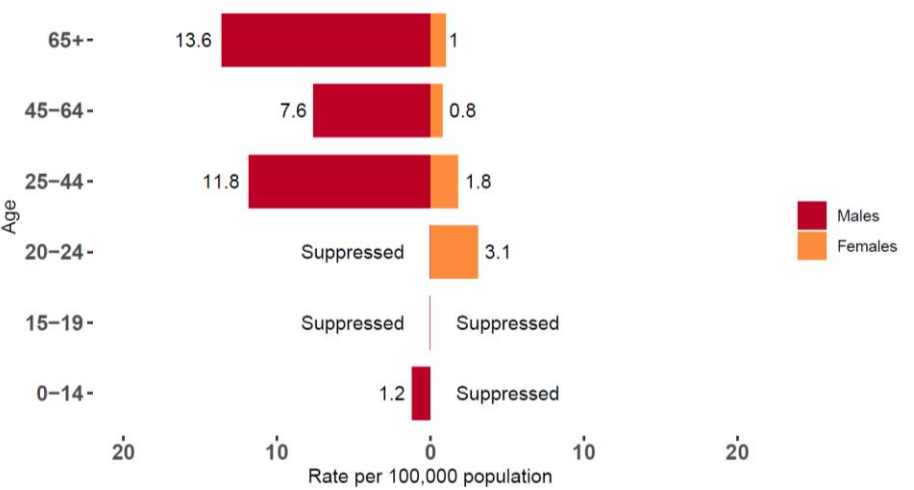


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N = 22 [†])	Percent [‡]
Heat Cramps	3	13.6
Heat Exhaustion	16	72.7
Heat Syncope	2	9.1
Other Effects	1	4.5

§ Definitions of heat-related illness severity categories:

<https://www.cdc.gov/niosh/topics/heatstress/heatrelillness.html>

† Missing severity data = 23

‡ May not total 100 due to rounding

|| other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

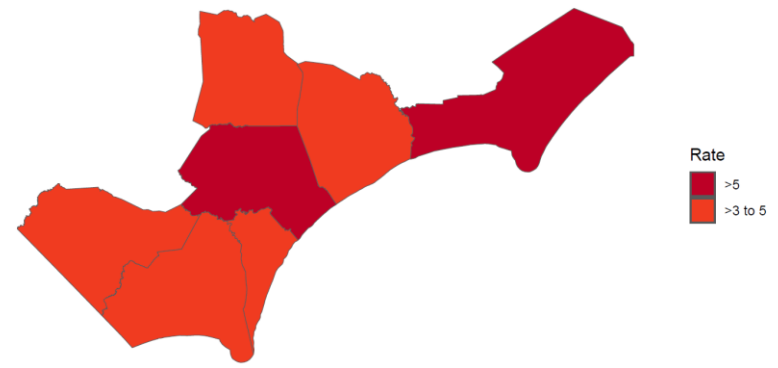
Southeastern NC (NC DETECT Region 2) Key Messages

The average weekly rate of heat-related illness emergency department visits this season to date is **2.4 per 100,000 population**.

This week (July 7-13, 2024):

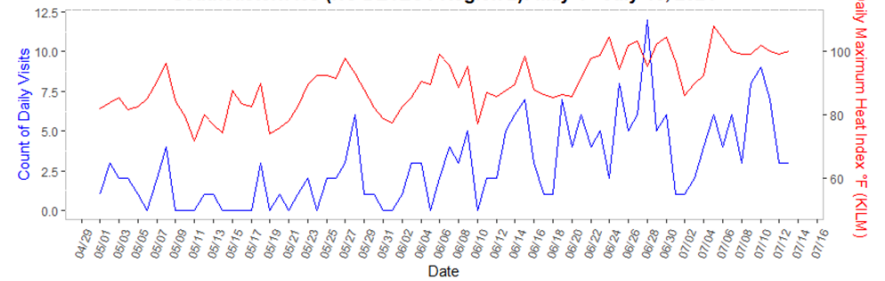
- There were **39 HRI ED visits** (0.6% of total ED visits), with a rate of **4.9 per 100,000 population**.
- The rate was highest among **males aged 45-64 years (9.6 HRI ED visits per 100,000 population)**. (Figure 1)
- The rate of HRI ED visits was highest in **Pender County (16.2 per 100,000 population)**. (Figure 2)
- The most frequent heat related diagnosis code was **heat exhaustion (n=9)**. (Table 1)
- The maximum heat index ranged from **99.1 to 101.9°F** at Wilmington International Airport. (Figure 3)
- There were **7 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population Southeastern NC (NC DETECT Region 2)



Rates based on counts between 1-4 are suppressed for counties with less than 500 total ED visits, as shown in gray.

Figure 3. Count of Emergency Department Visits for Heat-related Illness and Maximum Heat Index Southeastern NC (NC DETECT Region 2): May 1 - July 13, 2024



Source: NC DETECT Data and State Climate Office at NC State University

Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age Southeastern NC (NC DETECT Region 2)

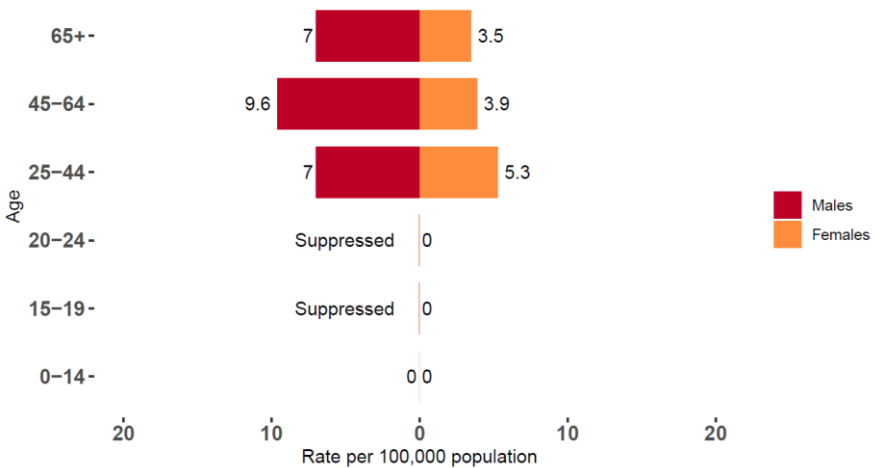


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N = 17 [‡])	Percent [†]
Heat Exhaustion	9	52.9
Heat Syncope	2	11.8
Other Effects	6	35.3

§ Definitions of heat-related illness severity categories: <https://www.cdc.gov/niosh/topics/heatstress/heatreillness.html>
[‡] Missing severity data = 22
[†] May not total 100 due to rounding
^{||} other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

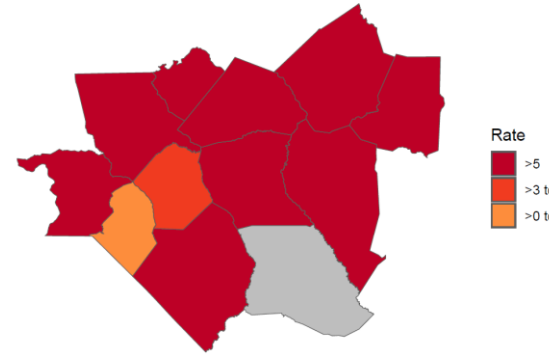
Fayetteville Area (NC DETECT Region 3) Key Messages

The average weekly rate of heat-related illness emergency department visits this season to date is **3.2 per 100,000 population**.

This week (July 7-13, 2024):

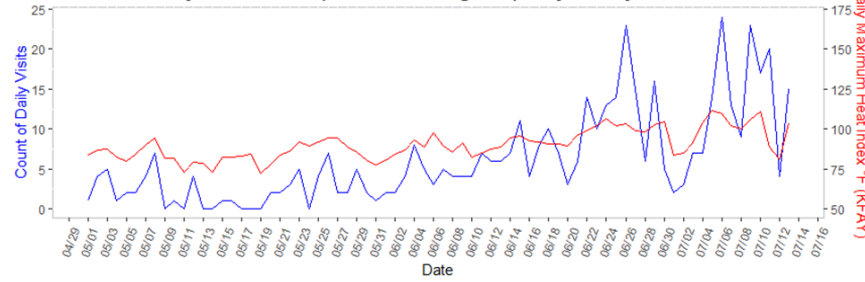
- There were **101 HRI ED visits** (0.8% of total ED visits), with a rate of **7.7 per 100,000 population**.
- The rate was highest among **males aged 65+ years (18.5 HRI ED visits per 100,000 population)**. (Figure 1)
- The rate of HRI ED visits was highest in **Robeson County (11.9 per 100,000 population)**. (Figure 2)
- The most frequent heat related diagnosis code was **heat exhaustion (n =37)**. (Table 1)
- The maximum heat index ranged from **80.8 to 110.9°F** at Fayetteville Regional Airport. (Figure 3)
- There were **7 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population Fayetteville Area (NC DETECT Region 3)



Rates based on counts between 1-4 are suppressed for counties with less than 500 total ED visits, as shown in gray.

Figure 3. Count of Emergency Department Visits for Heat-related Illness and Maximum Heat Index Fayetteville Area (NC DETECT Region 3): May 1 - July 13, 2024



Source: NC DETECT Data and State Climate Office at NC State University

Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age Fayetteville Area (NC DETECT Region 3)

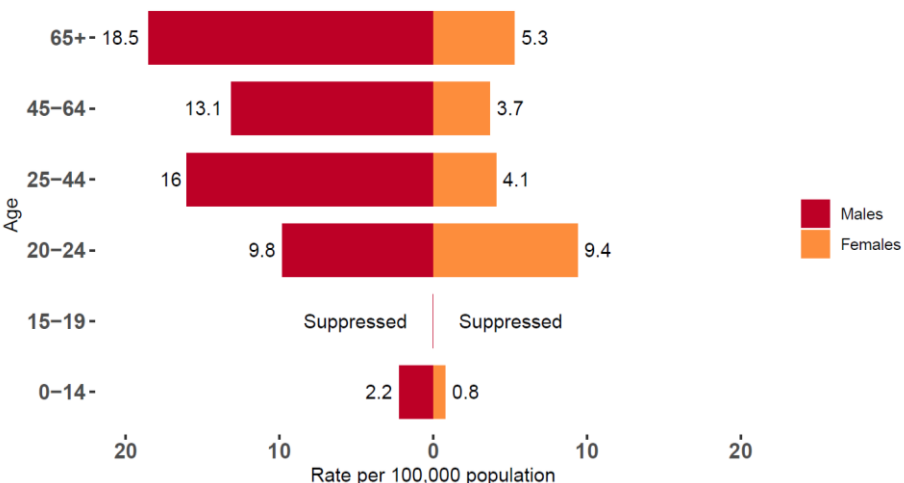


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N = 67 [‡])	Percent [†]
Heat Cramps	3	4.5
Heat Exhaustion	37	55.2
Heat Stroke	2	3
Heat Syncope	6	9
Other Effects	19	28.4

§ Definitions of heat-related illness severity categories:

<https://www.cdc.gov/niosh/topics/heatstress/heatrelillness.html>

‡ Missing severity data =34

† May not total 100 due to rounding

|| other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

RTP Area (NC DETECT Region 4) Key Messages

The average weekly rate of heat-related illness emergency department visits this season to date is **1.5 per 100,000 population**.

This week (July 7-13, 2024):

- There were **61 HRI ED visits** (0.4% of total ED visits), with a rate of **2.9 per 100,000 population**.
- The rate was highest among **males aged 45-64 years (8 HRI ED visits per 100,000 population)**. (Figure 1)
- The rate of HRI ED visits was highest in **Franklin County (5.7 per 100,000 population)**. (Figure 2)
- The most frequent heat related diagnosis code was **heat exhaustion (n =19)**. (Table 1)
- The maximum heat index ranged from **85.1 to 105.4°F** at Raleigh-Durham International Airport. (Figure 3)
- There were **7 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population RTP Area (NC DETECT Region 4)

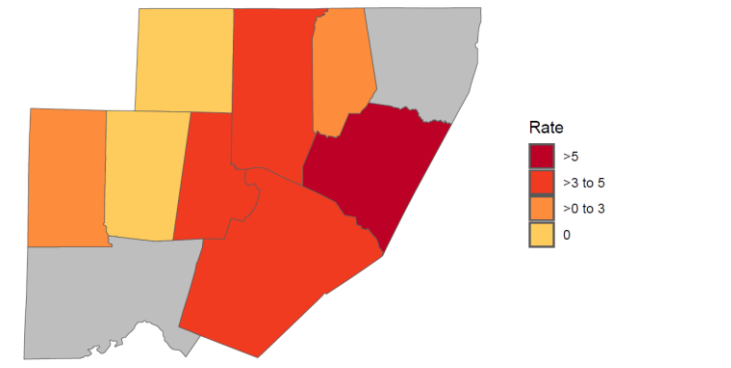


Figure 3. Count of Emergency Department Visits for Heat-related Illness and Maximum Heat Index RTP Area (NC DETECT Region 4): May 1 - July 13, 2024

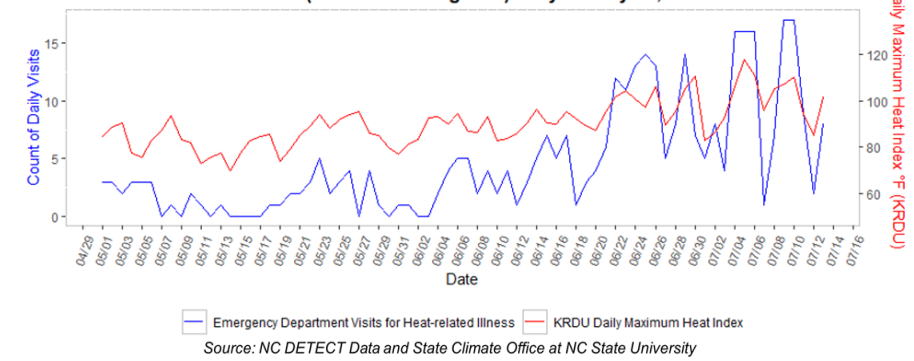


Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age RTP Area (NC DETECT Region 4)

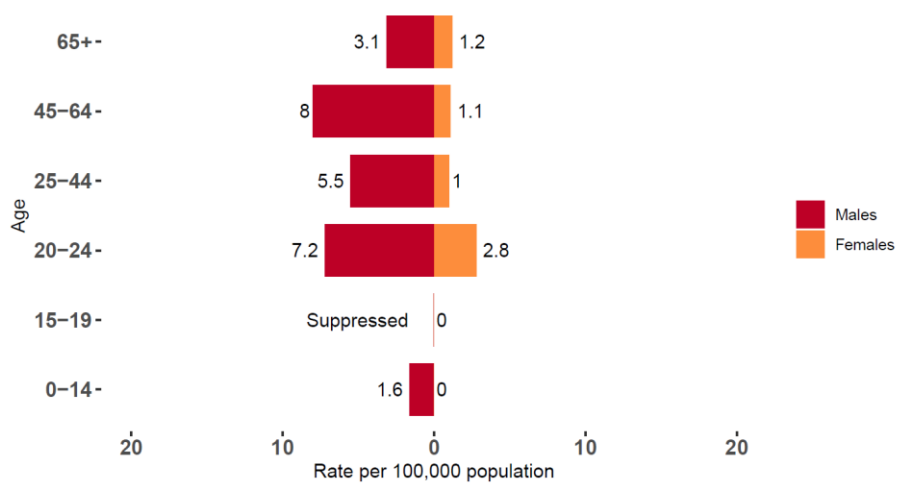


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N = 40 [‡])	Percent [†]
Heat Cramps	4	10
Heat Exhaustion	19	47.5
Heat Stroke	1	2.5
Heat Syncope	5	12.5
Other Effects	11	27.5

§ Definitions of heat-related illness severity categories:

<https://www.cdc.gov/niosh/topics/heatstress/heatrelillness.html>

‡ Missing severity data = 21

† May not total 100 due to rounding

|| other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

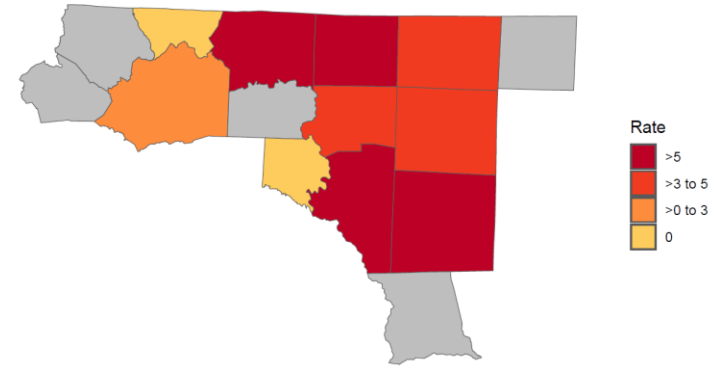
Triad Area (NC DETECT Region 5) Key Messages

The average weekly rate of heat-related illness emergency department visits this season to date is **2.3 per 100,000 population**.

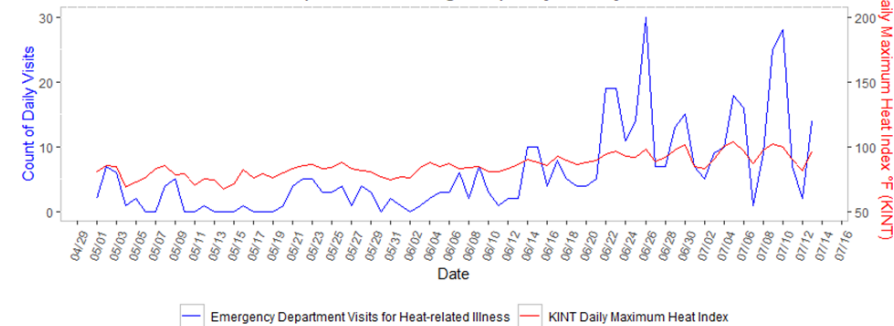
This week (July 7-13, 2024):

- There were **86 HRI ED visits** (0.6% of total ED visits), with a rate of **5 per 100,000 population**.
- The rate was highest among **males aged 25-44 years (12.3 HRI ED visits per 100,000 population)**. (Figure 1)
- The rate of HRI ED visits was highest in **Stokes County (13.4 per 100,000 population)**. (Figure 2)
- The most frequent heat related diagnosis code was **heat exhaustion (n =37)**. (Table 1)
- The maximum heat index ranged from **81.9 to 102.5°F** at Smith Reynolds Airport. (Figure 3)
- There were **6 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population Triad Area (NC DETECT Region 5)



Rates based on counts between 1-4 are suppressed for counties with less than 500 total ED visits, as shown in gray.
Figure 3. Count of Emergency Department Visits for Heat-related Illness and Maximum Heat Index Triad Area (NC DETECT Region 5): May 1 - July 13, 2024



Source: NC DETECT Data and State Climate Office at NC State University

Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age Triad Area (NC DETECT Region 5)

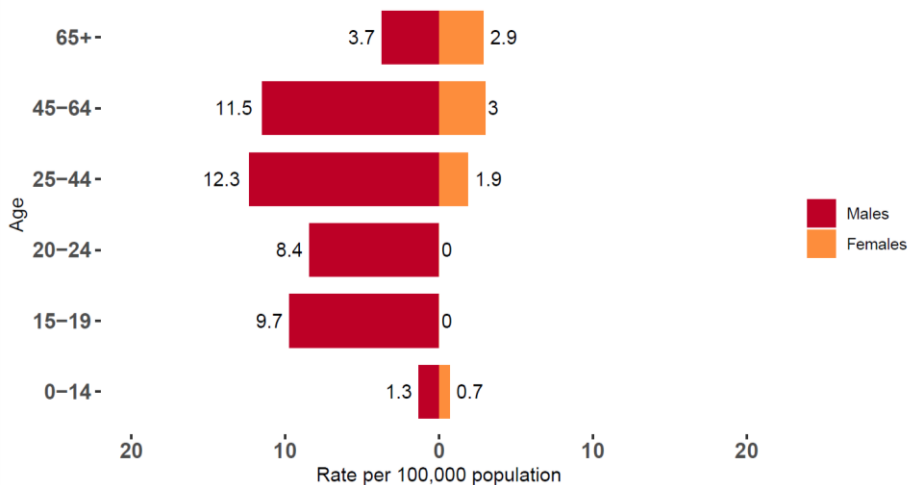


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N = 52 [‡])	Percent [†]
Heat Cramps	3	5.8
Heat Exhaustion	37	71.2
Heat Stroke	1	1.9
Heat Syncope	5	9.6
Other Effects	6	11.5

§ Definitions of heat-related illness severity categories:

<https://www.cdc.gov/niosh/topics/heatstress/heatrelillness.html>

‡ Missing severity data = 34

† May not total 100 due to rounding

|| other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

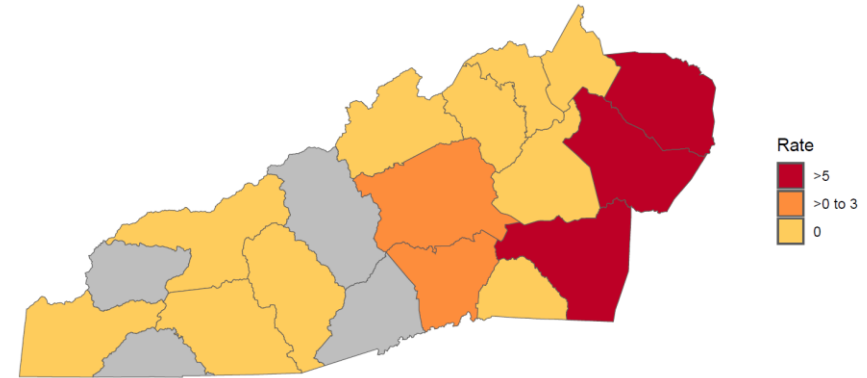
Western NC (NC DETECT Region 6) Key Messages

The average weekly rate of heat-related illness emergency department visits this season to date is **1.3 per 100,000 population**.

This week (July 7-13, 2024):

- There were **30 HRI ED visits** (0.3% of total ED visits), with a rate of **3 per 100,000 population**.
- The rate was highest among **males aged 65+ years (6.8 HRI ED visits per 100,000 population)**. (Figure 1)
- The rate of HRI ED visits was highest in **Caldwell County (8.7 per 100,000 population)**. (Figure 2)
- The most frequent heat related diagnosis code was **heat exhaustion (n =15)**. (Table 1)
- The maximum heat index ranged from **85.9 to 97.4°F** at Asheville Regional Airport. (Figure 3)
- There were **4 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population Western NC (NC DETECT Region 6)



Rates based on counts between 1–4 are suppressed for counties with less than 500 total ED visits, as shown in gray.

Figure 3. Count of Emergency Department Visits for Heat-related Illness and Maximum Heat Index Western NC (NC DETECT Region 6): May 1 - July 13, 2024

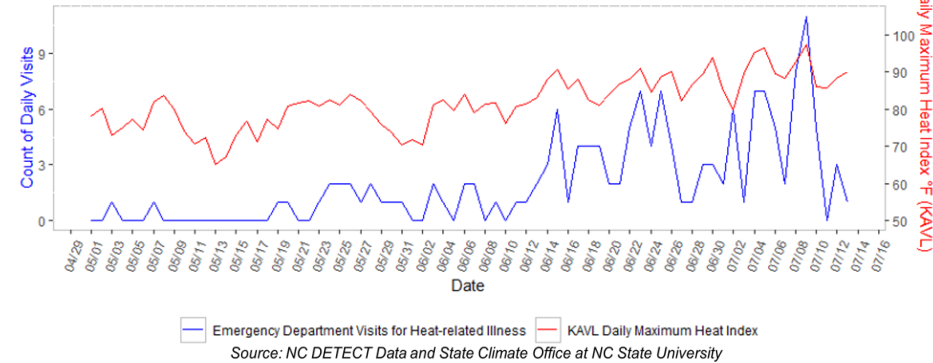


Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age Western NC (NC DETECT Region 6)

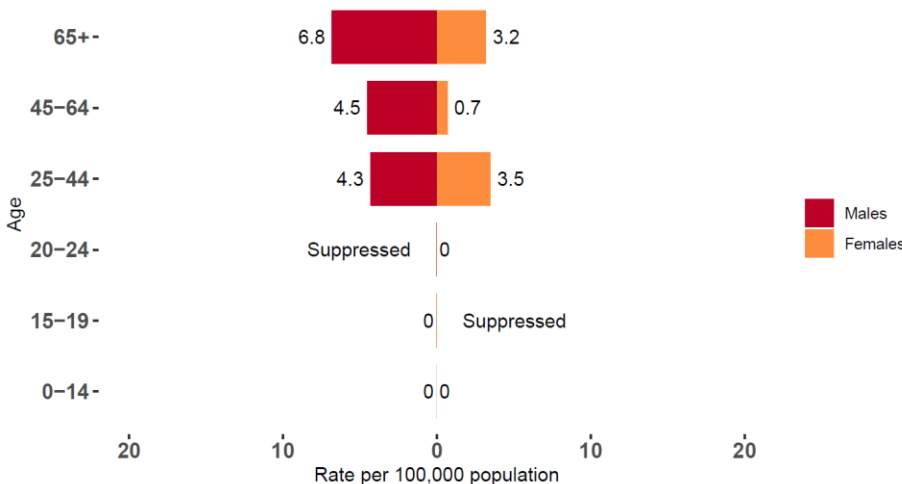


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N = 18 [‡])	Percent [†]
Heat Exhaustion	15	83.3
Heat Syncope	1	5.6
Other Effects	2	11.1

§ Definitions of heat-related illness severity categories:

<https://www.cdc.gov/niosh/topics/heatstress/heatrelillness.html>

‡ Missing severity data = 12

† May not total 100 due to rounding

|| other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

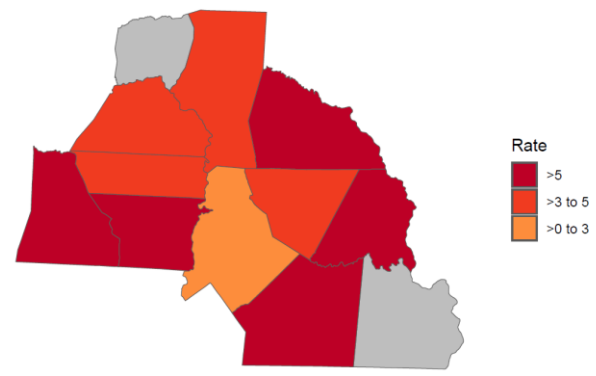
Charlotte Area (NC DETECT Region 7) Key Messages

The average weekly rate of heat-related illness emergency department visits this season to date is **1.9 per 100,000 population**.

This week (July 7-13, 2024):

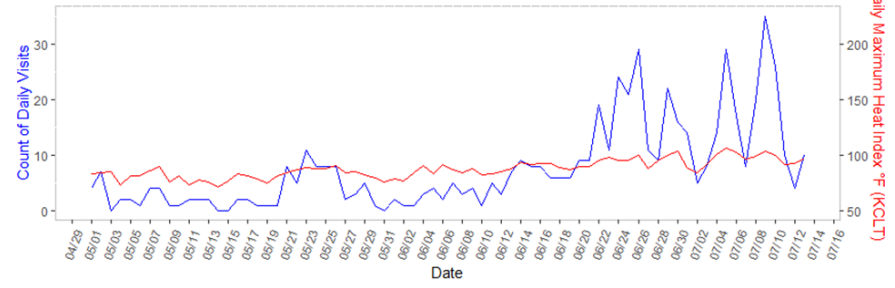
- There were **113 HRI ED visits** (0.5% of total ED visits), with a rate of **4.3 per 100,000 population**.
- The rate was highest among **males aged 25-44 years (9.3 HRI ED visits per 100,000 population)**. (Figure 1)
- The rate of HRI ED visits was highest in **Cleveland County (8 per 100,000 population)**. (Figure 2)
- The most frequent heat related diagnosis code was **heat exhaustion (n =35)**. (Table 1)
- The maximum heat index ranged from **91.2 to 103.4°F** at Charlotte/Douglas International Airport. (Figure 3)
- There were **7 days** when the minimum temperature did not drop below 70°F.

Figure 2. Rate of Heat-Related Illness Emergency Department Visits per 100,000 Population Charlotte Area (NC DETECT Region 7)



Rates based on counts between 1-4 are suppressed for counties with less than 500 total ED visits, as shown in gray.

Figure 3. Count of Emergency Department Visits for Heat-related Illness and Maximum Heat Index Charlotte Area (NC DETECT Region 7): May 1 - July 13, 2024



Source: NC DETECT Data and State Climate Office at NC State University

Figure 1. Rate of Heat-Related Illness Emergency Department Visits by Sex and Age Charlotte Area (NC DETECT Region 7)

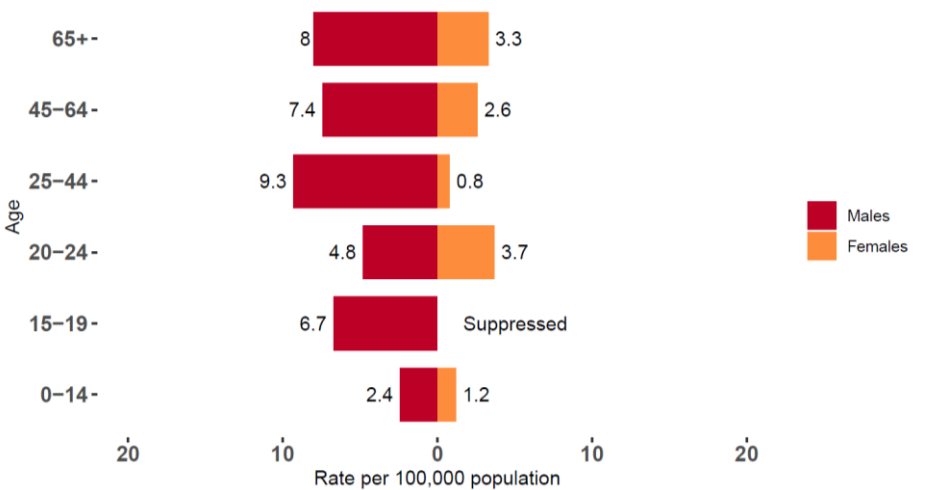


Table 1. Heat-related illness ED visits by Severity

Severity [§]	Number (N = 74 [‡])	Percent [†]
Heat Cramps	5	6.8
Heat Exhaustion	35	47.3
Heat Syncope	5	6.8
Other Effects	29	39.2

§ Definitions of heat-related illness severity categories: <https://www.cdc.gov/niosh/topics/heatstress/heatrelillness.html>

‡ Missing severity data = 39

† May not total 100 due to rounding

|| other effects include heat fatigue, heat edema, other effects of heat and light, and other effects unspecified

About the data

The heat-related illness data in the report is from NC DETECT. NC DETECT is a statewide public health syndromic surveillance system, funded by the NC Division of Public Health (NC DPH) Federal Public Health Emergency Preparedness Grant and managed through collaboration between NC DPH and the UNC-CH Department of Emergency Medicine's Carolina Center for Health Informatics. The NC DETECT Data Oversight Committee is not responsible for the scientific validity or accuracy of methodology, results, statistical analyses, or conclusions presented.

Climate data

The maximum heat index and minimum temperature data in this report are from the North Carolina State Climate Office. One weather station from each NC DETECT region was selected to represent the climate data for each region. The weather station locations and their corresponding regions are as follows:

Pitt-Greenville Airport (PGV) – Northeastern (NC DETECT Region 1), Wilmington International Airport (ILM) – Southeastern (NC DETECT Region 2), Fayetteville Regional Airport (FAY) – Fayetteville Area (NC DETECT Region 3), Raleigh-Durham International Airport (RDU) – RTP Area (NC DETECT Region 4), Smith Reynolds Airport (INT) – Triad Area (NC DETECT Region 5), Asheville Regional Airport (AVL) – Western Area (NC DETECT Region 6), Charlotte/Douglas International Airport (CLT) – Charlotte Area (NC DETECT Region 7)

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The data in this report is summarized by NC DETECT Region.

